

Challenge

Equip

Inspire



# Behaviour & Resilience Mentoring

Working to tackle challenging behaviour, raise aspirations and improve your pupils' outcomes

# About Us:

Think for the Future was founded in partnership with the University of Nottingham and The Young Foundation in 2012. We aim to empower young people with the knowledge and resilience to overcome social and emotional barriers they face and take charge of their futures.

As an organisation we provide data-driven solutions for the following:



Mainstream Education

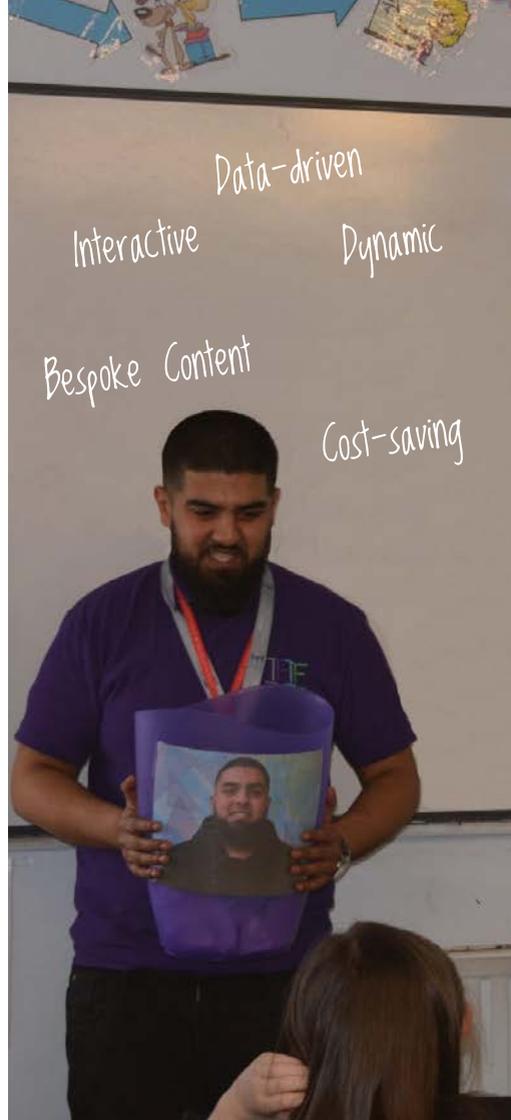


Internal Alternative Provisions



External Alternative Provisions

All of our programmes are delivered by our charismatic team of inspirational mentors using their real-life experiences!



# Behaviour & Resilience Mentoring

We run our Behaviour and Resilience Mentoring Programme in a complete range of schools: from inner city to rural as well as internal and external alternative provisions. We work closely with schools to tackle disengagement and behaviour to target the following outcomes:

Improved  
Classroom  
Behaviour

Reduced  
Exclusions

Increased  
Attendance  
Levels

Improved  
Pupil  
Outcomes

What does this look like for your individual students?

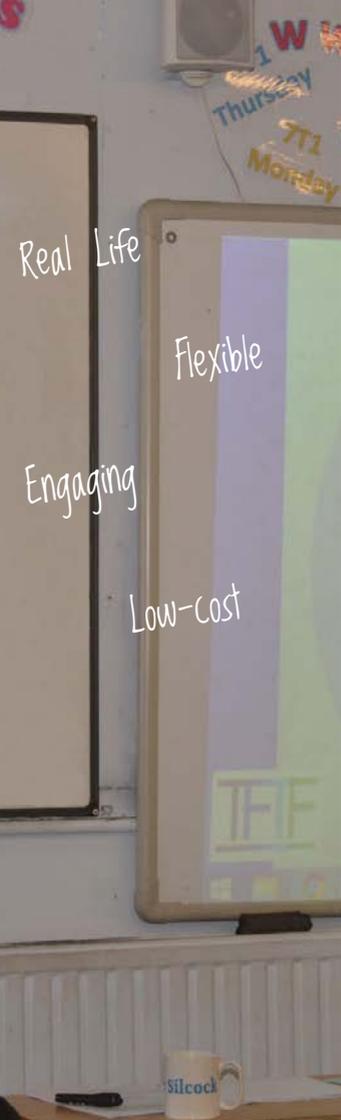
Reduced  
Negative  
Behaviours

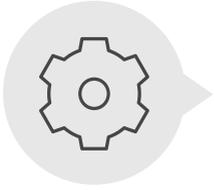
Increased  
Positive  
Behaviours

Improved  
Resilience

Increased  
Future  
Aspirations

"I have been impressed by the TTF Mentor's ability to engage some of our hardest to reach students and arm them with the essential knowledge and skills they will need to succeed in and out of the classroom"





# How it Works

## Target Pupils



## Target Outcomes



We target pupils who are disengaged from education. Pupils who are: at risk of being excluded, disruptive with their behaviour, have low school attendance and low self-esteem and confidence

Our programme delivers significant outcomes in the following areas: reductions in negative behaviour points, reduced number of exclusions, increased positive behaviours and improved aspirations and emotional regulation

## Our Mentors



## The Programme



Our mentors are individuals who can directly relate to challenging students and the issues they face. By drawing on their real-life experiences, they are able to engage the most hard-to-reach students and build powerful relationships

Our Mentor is on-site between 8am and 4pm, running group-based mentoring sessions (6-15 per class). A mentor typically runs 6x1 hour sessions in a day (timetable dependent)



## Curriculum



## Data Collection



Our sessions are interactive and designed to challenge the students. We tailor the curriculum to tackle key issues that the pupils in your school are facing. (Please see page 6 for further details)

We connect to your internal MIS and collect behavioural data on each of your pupils. This allows us to closely monitor progress and improve outcomes by tailoring our approach

## Mentor Management



## Reporting



Our internal team fully manage your mentor and support your school in the following areas: training, quality assurance, curriculum delivery, school support, impact reporting and sickness cover

We deliver termly reports; analysing pupil behaviour data and assessing outcomes achieved, so you can keep up-to-date with progress made (please see page 8 for further details)





# How to Use the Programme

Schools use our provision in different ways and we advocate you doing what is best for your school and your priorities. Please see below an example timetable as well as creative ideas for how to use the programme to maximise impact. The Mentor's day should follow your school's timetable.

<b>Morning</b>	Breakfast club
<b>Form</b>	Check-in with key students to set them up for the day
<b>P1</b>	Behaviour group Session
<b>P2</b>	Self-esteem group
<b>P3</b>	Internal AP group
<b>P4</b>	3x 20 minute 1:1 referral session
<b>P5</b>	Low level disruption group
<b>After School</b>	Supporting detentions/staff debrief

## Creative Ideas:

- Home visits to engage your pupils with low attendance
- Parent engagement such as phone calls home, parent meetings and parent sessions
- Teacher-pupil mediation and conflict resolution
- Option evenings & parents evenings
- Using after school detentions to run structured sessions



# Curriculum

The programme aligns closely to the new **Ofsted framework** by developing your students' spiritual, moral, social and cultural development through our high quality and innovative curriculum content. We tailor our programme's curriculum to your school's priorities and continue to do so throughout the academic year. Our sessions typically fall into three main subject areas, each containing large amounts of content and resources to deliver these key messages in the most impactful way for your pupils.

## Tackling Challenging Behaviour

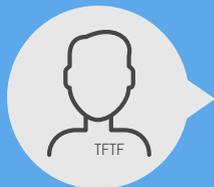
- Controlling Emotions
- Outburst Control
- Actions Have Consequences
- Appropriate Emotion Release
- Respect
- De-escalation
- Improving Concentration

## Creating a Positive Mindset

- Building Resilience
- Raising Self-esteem
- Healthy Relationships
- Positive Thinking
- Grit and Determination
- Effective Communication
- Empathy Building

## Raising Aspirations

- Goal Setting
- Motivation & Willpower
- Positive Social Media Use
- Overcoming Social Barriers
- Values, Culture & Beliefs
- Achieving Your Dreams
- Leadership & Teamwork



## Our Mentors

The rapport that our mentors build with pupils is essential to our programme. Using our many years of experience, we are very good at matching a Behaviour and Resilience Mentor who we believe has the most relevant life-experience to work successfully with your chosen pupils. All of our staff are fully trained and managed by Think for the Future with quality assessments occurring throughout the year to ensure our delivery remains of the highest standard.

### Meet Joe...

*"I want to be the person I needed when I was younger. At School, I misbehaved after my parents separated. I didn't surround myself with positive role models and was acting out, joking and disrupting every class. I was later diagnosed with Adhd, which was linked to my impulsive behaviours and a lack of concentration. I worked hard to turn my life around and used a holistic approach of exercise and discipline to drive myself through College and University. I eventually achieved a first-class degree and even went to study a Masters in the Netherlands".*



### Meet Kane...

*"I grew up on a tough council estate surrounded by crime and poverty. I was exposed to violence and anger at home which I then took into the world around me. My lack of control over my temper led me to being removed from mainstream education, ending up on the wrong side of the law. This made me re-evaluate my decisions and the path I was on. Volunteering at one of my alternative provisions, I used my own experiences to positively empower young people to change. I then achieved my dream of becoming a Behaviour Mentor working in schools across the East Midlands".*

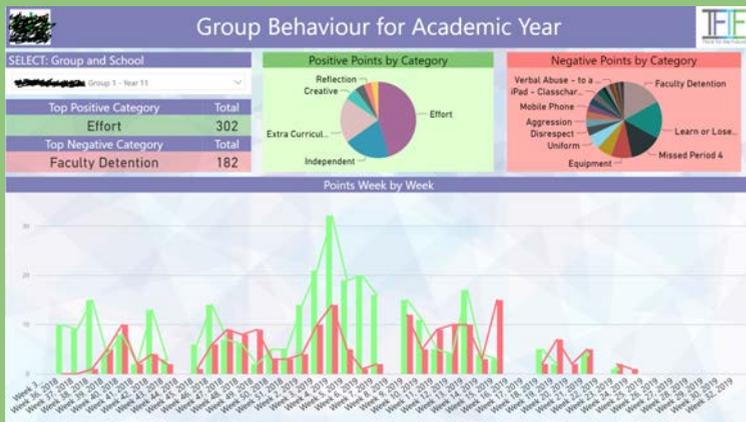




# Impact Reporting

Our in-house Data Analysts are responsible for reporting on the progress of your pupils and overall impact of the programme. In order for this to happen efficiently we connect into your internal Management Information System (MIS) which creates a live feed of behavioural data which populates our internal analytics tool. Your mentor would have access to this system, enabling them to track progress and trends in pupil behaviour to tailor the programme.

- 
- Student Voice**
- 
- Mentor Qualitative Reports**
- 
- Quantitative Reporting**





# Benefits for your school

Improve  
Staff  
Well-being

Reductions in  
Exclusion  
Costs

Aligned to new  
Ofsted  
Framework

Early  
Intervention

Sickness  
Cover

Cheaper  
than a full  
time member  
of staff

Complete  
Quality  
Assurance

Fully trained  
& Managed  
Expert



# Pricing

As a social enterprise, we operate a low-cost service as we are motivated by our impact and not our wallets.

The table below shows a variety of pricing structures varying from 1 day per week to 5 days per week

Days Per Week	Average Cost Per Full Term	Max No. of Pupils*	Avg cost per pupil*
1 Full Day	£2 698	75	£36
2 Full Days	£5 396	150	
3 Full Days	£8 094	225	
4 Full Days	£10 792	300	
5 Full Days	£13 490	375	

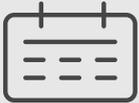
\*Based on a maximum group size of 15 pupils per lesson

Minimum initial sign up of three full terms followed by a rolling termly contract

Discounts available for multiple day bookings, 5+ days available to quote



# Next Steps....



## Agree programme outline

Once agreed we will send a booking form which collects details on your school

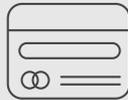


## Sign contract

Once we have finalised the programme details, we will issue your contract - please sign and return this to us

## Set up payment schedule

Once a payment schedule is agreed, please ensure a PO is raised and your finance team is notified



## Mentor selection

Your mentor will be assigned to your school and we will arrange an introductory meeting prior to your programme starting



## School induction

Before the programme begins, you will need to highlight your school protocols and policies to your assigned mentor



**Once the prior steps have been completed, your school programme will begin!**

# Booking Details

Interested in finding out more? We'd love to hear from you! Our friendly team are on hand to answer any queries you may have and guide you through the next steps if you wish to book our programme. Please find our contact details below:



**0115 718 0399**



**[contact@thinkforthefuture.co.uk](mailto:contact@thinkforthefuture.co.uk)**



**39-41 Alfreton Road, Nottingham, NG7 3JE**





"The sessions have helped me with my anger and confidence" - Year 8 Student



"I am growing as a person because it helps me think positively" - Year 9 Student



"It has changed my behaviour and how I am in school" - Year 7 Student





Think for the Future



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 0115 718 0399

 [www.thinkforthefuture.co.uk](http://www.thinkforthefuture.co.uk)

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