

Behaviour & Resilience Mentor Training Programme
August/September 2019

WEEK 1		
Tuesday 27 th August		
8:15-10:00	Re-Introduction to TFTF	<i>Deliverer: Cherie White</i>
10:00-11:00	Escape Room	A game to challenge communication and teamwork skills. <i>Deliverer: Tilly Stone</i>
11:15-13:00	Staff Handbook Key Parts	An overview of the staff handbook, including all policies and procedures that will be relevant to your role.
14:00-15:00	About Me: Laura	A chance to see a fellow Mentor deliver their About Me session, <i>Deliverer: Laura Weston</i>
15:00-16:00	Admin Time	Completing some of the admin requirements <i>Deliverer: Tilly Stone</i>
Wednesday 28 th August		
8:15-10:15	The Education System Today	<i>Deliverer: Ollie Bowen-Ashwin</i>
10:30-12:30	Awareness Training: Mental Health Black Hole and Self Harm	Training on the issues that young people are facing in the modern world and how you might respond to these. <i>Deliverer: Nic Pope</i>
13:30-15:00		
Thursday 29 th August		
8:15-9:30	Code of Conduct & Ethical Guidelines	<i>Deliverer: Tilly Stone</i>
9:30-12:00	Behaviour Mentoring Methodology	Mapping out and understanding the methodology behind mentoring and how to make it most effective. Also, a chance to practice your mentoring skills. <i>Deliverer: Tilly Stone & Cherie White</i>
13:00-16:00	Technology	<i>Deliverer: Tilly Stone & Cherie White</i>
Friday 30 th August		
8:15-10:45	Awareness Training: Gender and Sexuality	Training on the issues that young people are facing in the modern world and how you might respond to these. <i>Deliverer: Nic Pope</i>
11:00-13:30	Awareness Training: Sexualisation of Young People	
14:30-16:00	Curriculum (first 5 weeks)	

Week 2		
Tuesday 3 rd September		
External venue: <i>National Water Sports Centre, Adbolton Lane, Holme Pierrepont, Nottingham, NG12 2LU</i> (free parking available on site)		
8:15-9:30	Meet the Mentors	A chance to get to know the whole TFTF Mentoring and Workshop Team through a variety of team exercises. <i>Deliverer: Tilly Stone</i>
9:30-10:45	Scott's Session	A chance to see one of our inspirational Workshops on Drugs & Prison, delivered by one of our Workshop Facilitators. <i>Deliverer: Scott Browett</i>
11:00-12:00	'From Experience'	Learning from the experiences from Mentors across the team <i>Deliverer: Mentors</i>
13:00-15:00	Delivery Skills and Communication Types	A session on how to be a good presenter and facilitator in your sessions. Also a chance to practice your facilitation skills to large groups. <i>Deliverer: Nick Harding</i>
15:30-17:00	Team Bonding Event	An afternoon of outdoor activities with the full TFTF team. <i>Deliverer: National Water Sports Centre @ Holme Pierpont</i>
Wednesday 4 th September		
External venue: <i>THiNK Meeting Rooms & Art Gallery, Cobden Place, , Cobden Chambers, off Pelham St, Nottingham NG1 2ED</i>		
9:00-10:30	Pivotal Behaviour Training	Training by an external organisation covering behaviour management techniques without escalating situations. Also covering how to do restorative work around relationships that may have broke down. <i>Deliverer: Darrell Williams, Pivotal Education</i>
10:50-12.45		
13:30-15:15		
15:30-16:00	Pivotal Behaviour Training De-Brief	A de-brief discussion on what the key learnings from the training day have been. <i>Deliverer: Tilly Stone</i>
Thursday 5 th September		
8:15-9:00	About Me: Kane	A chance to see a fellow Mentor deliver their About Me session, <i>Deliverer: Mentor</i>
9:30-12:30	Safeguarding Training	Training by an external organisation covering safeguarding regulations surrounding young people. <i>Deliverer: Paul Langley</i>
13:30-14:30	TFTF Safeguarding Training & EAP Introduction	Training on Think for the Future's specific safeguarding policies and procedures and a chance to practice completing a disclosure form. Examples of the types of safeguarding incidents Mentors come up against. Also, an introduction to our Employee Assistance Programme to allow you to safeguard yourself. <i>Deliverer: Tilly Stone</i>

14:30-15:00	Lone Working & Home Visits	Training on the policies and procedures for making a home visit or being in lone-working conditions in your role. <i>Deliverer: Cherie White</i>
Friday 6th September		
8:15-11:15	Data Training	An overview of the TFTF Data System and instructions on how to utilise it within your role. Including training on how to innovatively use data within your role to increase impact. <i>Deliverer: Nick Harding & Mark Clipsham</i>
11:30-12:30	What Happens After School?	An information session on what avenues are open to young people after school to help you in working with GCSE age students. <i>Deliverer: Dan Grey</i>
13:30-14:30	Trends in Education and Our Stance	Looking at trends in education, from numerical data on trends in exclusions to how the new Ofsted Report is monitoring schools <i>Deliverer: Cherie White & Nick Harding</i>
14:30-16:00	Independent Preparation	Preparing for delivering your About Me session next week
WEEK 3		
Monday 9th September		
8:15-9:45	Building School Relationships and Having a Presence	Learning about developing positive relationships with your schools <i>Deliverer: Tilly Stone</i>
10:00-11:30	The Role of a Behaviour Mentor – The Practicalities, the Curriculum and the Admin	What will your day look like? An introduction into TFTF daily admin and how this should be conducted. <i>Deliverer: Tilly Stone and Cherie White</i>
11:30-14:00	Independent Preparation	Completing 'to-do' list
14:00-16:00	Meta Cognition and Self-Regulation	Meta-cognition and Self-regulation is the extent to which learners are aware of their strengths and weaknesses and the strategies they use to learn effectively. It describes how they can motivate themselves to engage in learning <i>Deliverer: Nick Harding</i>
Tuesday 10th September		
8:15-10:15	Quality Assurance Training	An introduction to the Think for the Future Quality Assurance Framework against which Mentors are assessed in their delivery and conduct. An overview of how this will be used within your role. <i>Deliverer: Tilly Stone</i>
10:20-11:30	Communication Types	Learning about communication types. <i>Deliverer: Cherie White</i>

12:30-16:00	Roma Awareness Training	An awareness training session on the Roma Community in relation to their views and experience of education, especially that of the Roma young people that will be on your programme. <i>Deliverer: Ruth Richardson, Multi-Faith Centre</i>
Wednesday 11th September		
8:15-16:00	About Me Session Delivery Mock Teacher Meetings Data Meetings	A chance for you to deliver your own About Me sessions that you have been working on to the rest of the team. <i>Deliverer: You!</i>
Thursday 12th September		
8:15-16:00	Mock Session Delivery / Appraisals / Handover Meetings	Your second delivery session of a topic from the first 4-week curriculum. Meanwhile Appraisals being conducted to set aspirations and goals for the year and also handover meetings between you and Mentors who were in your schools last year.
Friday 13th September		
8:15-13:00	Mock Session Delivery / Handover Meetings	Your second delivery session of a topic from the first 4-week curriculum. Meanwhile Initial Appraisals being conducted to set aspirations and goals for the year and also handover meetings between you and Mentors who were in your schools last year.
14:00-14:30	Final Team Meeting / Induction Week Preparation	A final opportunity to ask any questions and prepare for your first week in school <i>Deliverer: Tilly Stone & Cherie White</i>
14:30-16:00	TFTF Training 'Pub Quiz'	Competing in your teams in a quiz that tests what you've learnt during training – prizes for the winning team! <i>Deliverer: Tilly Stone</i>